

# **Early Morning Blues**



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# Choreographed by Jill Babinec and Scott Schrank

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**Description: 48-count, 4-wall Intermediate Line Dance** 

Music: Early In The Mornin' by Cyndi Lauper [CD: Memphis Blues] (Available on iTunes)

### INTRO: 32 Counts from the first hard beat of music (Starts on "Early In The Mornin")

1-8	CROSS HOLD	RECOVER-RACK	RECOVER	CROSS SIDE	, KICK-BALL-STEP
1-0	CROSS, HOLD,	MECO I EN-DITCIN	, iteco i eit,	CICODO, DIDE	, IXICIX-D/XLLL-D I L/I

- 1-2 Cross right foot over left, Hold (Weight the right)
- &3-4 Recover weight back onto left foot, Step back on right foot (Body is on left diagonal), Recover weight forward onto the left foot (Body is still on left diagonal)
- 5-6 Cross right foot over left, Step left foot left (Square up to 12:00 Wall)
- 7&8 Kick right foot slightly forward, Step ball of right next to left, Step left foot forward

#### 9-16 WALK, WALK, CROSS-BACK-HOME, CROSS, SIDE, HOLD, BOUNCE X2

- 1-2 Step right foot forward, step left foot forward
- 3&4 Cross right foot over left, Step left foot back, Step right foot next to left
- 5-6-7 Cross left foot over right, Step right foot right, Hold
  - (Wide stance placing hands on inner thighs with elbows out) (12:00)
- &8 Quickly come up on balls of both feet-then dropping the heels on the "&" and "8" count (Make sure the weight is on the left foot)

## 17-24 CROSS, SIDE, SAILOR STEP, CROSS, TURN, BACK-RECOVER-BACK

- 1-2 Step right foot over left, Step left foot left,
- 3&4 Step right foot slightly behind left, Step left foot next to right, Step right foot diagonally forward
- 5-6 Step left foot over right, Make 1/4 turn left stepping right foot back (9:00)
- 7&8 Step left foot slightly behind right, Recover weight to right foot, Shift weight back to left

#### 25-32 ROCK RECOVER BACK, BACK RECOVER BACK, HOP-TOUCH, HOLD, HOP-CROSS-SIDE-TOUCH

- 1&2 Step back on right foot, Recover weight forward on left foot, Shift weight back onto right foot
- 3&4 Step back with left foot, Recover weight forward on right foot, Shift weight back onto left foot.
- &5-6 Hop onto right foot while making 1/4 turn right, Touch left toes next to right, Hold (12:00)
- &7&8 Hop left foot left, Cross right foot over left, Step left foot, Touch right toes next to left (Weight the left)

#### 33-40 ROCK, RECOVER, COASTER STEP, ROCKER RECOVER TRIPLE STEP (3/4)

- 1-2 Rock forward on right foot, Recover weight to left foot
- 3&4 Step right foot back, Step left foot next to right, Step right foot forward
- 5-6 Rock forward on left foot, Recover weight to right foot
- 7&8 Triple step in place making 3/4 turn over left shoulder (**L-R-L**) (3:00)

### 41-48 STEP, GRIND-TURN, STEP, GRIND-TURN, CROSS & HEEL& CROSS-ROCK-RECOVER

- 1-2 Step right foot forward, Grind hips while making 1/4 turn left
- 3-4 Step right foot forward, Grind hips while making 1/4 turn left (9:00)
- 5&6 Cross right foot over left, Step left to left, Place right heel on right diagonal
- &7&8 Step back on right, Cross left over right, Rock right foot to right, Recover weight to left

Start dance over and enjoy