



Bonafied Lovin'



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Choreographed by Jill Babinec and Scott Schrank

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Description: 64-count, 2-wall Intermediate Line Dance

Music: Bonafied Lovin' (3:39 version) by Chromeo [CD: Bonafied Lovin' EP]
(Available at WalMart, iTunes)

INTRO: 32 Counts – Start dancing on vocals

&1-8 SWEEP STEP, SWEEP STEPS WITH ANKLE BREAKS

- &1 Sweep Rt foot (&), Step back on right foot behind left (1)
&2 & Sweep left foot, step back on left foot behind Rt, Sweep Rt foot
3&4 Step back behind left with Rt as wt remains on the front/balls of feet “breaking” the ankles left, right, left (ending weight on right foot) {or bend knees to R,rolling R foot to outside of foot (letting L follow) then bend knees to L as L foot rolls out, then bend knees to R –wt on rt}
& 5 Sweep left foot, step back on left foot behind Rt,
&6& Sweep right foot, step back on right foot, Sweep left foot
7&8 Step back behind Rt with left as wt remains on the front/balls of feet “breaking” the ankles right, left, right (ending weight on left foot) {or bend knees to L,rolling L foot to outside of foot (letting R follow) then bend knees to R as R foot rolls out, then bend knees to L –wt on Left}

9-16 TOE TOUCHES, SWAYS, ¼ TURN, DIAGONAL CROSS SHUFFLE, TOE TOUCHES

- 1 & 2 Touch right toe out, Touch right toe in, Step right foot right (wt on rt)
3&4 Begin swaying hips right, left, turn ¼ to left, sitting back on right hip (9:00)
5&6 Moving on the diagonal slightly backward, cross shuffle on left, right left
7&8 Touch right toe out, in, out

& 17 – 24 SWEEP STEP, SWEEP STEPS WITH ANKLE BREAKS (same as counts 1-8)

- & 1 Sweep right foot, step back on right foot behind left
&2& Sweep left foot, step back on left foot behind Rt, Sweep right foot
3&4 Ankle breaks left, right left (ending weight on right foot)
& 5 Sweep left foot, step back on left foot behind Rt
&6& Sweep right foot, step back on right foot behind L, Sweep left foot
7&8 Ankle breaks right, left, right (ending weight on left foot)

25-32 TOE TOUCHES, SWAYS, ¼ TURN, DIAGONAL CROSS SHUFFLE, COASTER CROSS

- 1 & 2 Touch right toe out, Touch right toe in, Step right foot right (wt on rt)
3&4 Begin swaying hips right (3), left (&), turn ¼ to left while sitting back on right hip (4) (6:00)
5&6 Moving on the diagonal slightly backward -cross left over Rt, Step Rt side, Cross left over Rt
7&8 Step back on Right, Step Left next to Rt, Cross and step Rt over left

33-40 PRESS, RECOVER, WEAVE, PRESS, RECOVER, WEAVE WITH ¼ TURN

- 1, 2, 3 & 4 Press weight to the left side, Recover weight to right foot, Step left behind Rt, Step Rt to side, Step left across Rt
5, 6, 7 & 8 Press weight to the right side, Recover weight to left foot, Step Rt behind left, Turn ¼ to left onto left foot , step forward on right foot (3:00)

41-48**ROCK RECOVER, LOCK STEP BACK, TURN AND SWAY**

- 1, 2 Rock forward on left foot, recover weight back to right foot
3 & 4 Lock step diagonally back – Step left back, Cross Rt over left, Step left back
5, 6 Turning ¼ to your right, sway hips right, sway hips left (6:00)
7 & 8 Sway right, left, right

49-56**DRAG STEP, SIDE, RECOVER, CROSS, DRAG STEP, BALL CROSS, POINT**

- 1, 2 Long step back (diagonal) on left foot, drag right heel back towards left foot
& 3, 4 Step right out to right side, recover weight to left, step across left onto right
5, 6 Long step back (diagonal) on left foot, drag right heel back towards left foot
& 7, 8 Step right foot next to left, step across right onto left, point right toe out to right side.

57-64**SAMBA STEPS 3x's, ROCK RECOVER BACK**

- 1 & 2 Cross right over left, step side left, step right next to left
3 & 4 Cross left over right, step side right, step left next to right.
5 & 6 Cross right over left, step side left, step right next to left
7 & 8 Rock forward on left, recover weight to Rt, Step back on left (this leaves Rt foot fwd to start your sweep on the & count)

Thanks to Amy Zack for writing out the steps as we went along.