



Love's On The Inside



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Choreographed by Jill Babinec and Scott Schrank

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Description: 32-count, 4-wall Intermediate Line Dance

Music: FEEL GOOD by Gwen Guthrie [CD: Hot Times] (Available on iTunes & J-Mart)

INTRO: 64 Counts from the first hard beat of music (starts after the ooh ahh ooh's feels so good)

- 1-9** STEP-POINT, CROSS, POINT, SAILOR-TURN-FORWARD, BUMP, BUMP, SAILOR STEP
&1-2-3 Step Rt across L (&), Point L toes left (1), Cross L foot over Rt (2), Point Rt toes Rt (3)
4&5 Step ball of Rt behind left (4), Make ½ turn Rt on ball of Rt stepping L foot next to Rt (&),
Step Rt foot forward shoulder width apart but keep weight mainly on left (5) (6:00)
6-7 Bump hips Rt as pivot 1/8 turn left on balls of feet (6), Repeat to face (3:00 wt L) (7)
*Option-Start Paddle turn ¼ left & bump Rt hip (6), Repeat paddle bump to finish ¼ turn (7)
8&1 Step ball of Rt behind L foot (8), Step L next to Rt (&), Step Rt slightly forward (8)
- 10-17** SAILOR- ¼ TURN, ROCK & ½ TURN, STEP, ¼ TURN L REPLACE-KICK
2&3 Step L behind Rt (2), Make ¼ turn L on ball of L stepping Rt next to L (&),
Step L slightly forward (3) (12:00)
4&5 Rock fwd Rt (4), Recover on L starting ½ right (&), Step fwd Rt & finish ½ turn (5) (6:00)
6-7 Step forward on L foot (6), Pivot ½ turn Rt (*Weight on right*)(7) (12:00)
8&1 Step forward on L (8), Turn ¼ L as you step side right (&), L slide/step next to Rt with
Rt low kick to Rt side (left foot is meant to 'kick' out right leg) (1) (9:00)
- 18-24** CROSS, SIDE ROCK CROSS, BACK-BACK-BEHIND 1/8 TURN, SIDE-TOGETHER -FWD
2&3 Cross Rt over L (2), Side rock L and slightly fwd on L (&), Recover back onto Rt (3)
4 Cross L over Rt (4)
5&6 Step Rt back on right diagonal (body will open on L diag) (5), Step L back (still on same diagonal) (&), Step Rt back & slightly behind L (body will be open on L diag) (6)
7&8 Step L to Lside as begin to square body up (7), Step R next to L (&), Step L fwd (8) (9:00)
- 25-32** KNEE ROLL ¼ TURN, SHUFFLE FWD, ¼ PIVOT TURN, CROSS, WEAVE
1&2 Step Rt fwd and roll knee out fwd and clockwise - rotate hip to follow knee (1), Rotate Rt knee back counter-clockwise - rotate hip to follow as you begin your ¼ turn L (&),
Finish ¼ turn left (6:00) and place weight on Rt (sink wt into Rt hip like your sitting) (2)
3&4 Step L forward (3), Step Rt next to L (&), Step L forward (4)
5& Step R forward (5), Pivot ¼ turn L weight on L (&)
6 Step Rt across L (6)
7&8 Step L to L (7), Step Rt behind L (&), Step L to L (8)

Start right into your & count And have fun !!!!

Thanks to John Robinson for pointing out the CD and us finding this song!